

USA TRIATHLON 2013 GENERAL ELECTION

Welcome to USA Triathlon's 2013 election coverage. Please use the following information to learn about the candidates nominated in your region for the National Board of Directors. We hope this will assist you with your voting decision.

CANDIDATES FOR THE SOUTHWEST REGIONAL COUNCIL

Please vote for up to six (6) of the following candidates:

REGION	CANDIDATE
Southwest (includes Arizona, California and Nevada)	Alexis Barnes
	Eric Davidson (Incumbent)
	Christy James (Incumbent)
	Charles Johanson (Incumbent)
	Chris Morrissey
	Sharon Osgood (Incumbent)
	Patty Peoples-Resh
	Muhammad Rafi

ALEXIS BARNESSan Marcos, California

Southwest Region



A triathlete for nearly a decade, I reconnected with the sport after moving home to San Diego. Since then, I have become an active member of Tri Club San Diego, volunteering at races for newcomers to the sport and serving as a swim buddy. I also completed my first 70.3 as a member of Team operation rebound, helping to raise money for wounded veterans. I truly believe that volunteering and giving back to our sport is as important and fulfilling as racing. Watching and helping others accomplish their goals, whether it's completing a sprint, a full or just getting through the swim portion of a race, makes me fall in love with the sport and our community every time. If selected to serve as a member of the USAT Southwest Regional Council, I will be a strong advocate for our sport, helping to drive outreach efforts to attract more people — from women and minorities to challenged athletes and kids — to triathlon. I will also use my background in communications to assist in creating stronger bonds between the council and the National Board and to help share the stories that inspire us, motivate us and remind us why we love triathlon.

ERIC DAVIDSON San Diego, CA

Southwest Region



My name is Eric Davidson and I was appointed to the USAT-Regional Council in January 2012. Since then, I've been an active member as Secretary of the Council and Chair of the Outreach Committee. A key responsibility for me has been organizing 25 Membership events to promote USAT and the benefits of an annual membership. In the most recent reporting period, the USAT-SW region increased adult membership by 6% over 2012, the largest increase of all the regions. I am an active triathlete, focusing the majority of my training and racing on longer endurance events. I've completed 10 Ironman triathlons in the past 5 years and am competing at IM Lake Tahoe and IM Arizona in 2013. I am also certified as a triathlon official enforcing the competitive rules of triathlon at USAT, ITU and WTC events. I live in San Diego and have been a member of TCSD for the past 6 years. I am sponsored by TriSports.com as a member of their Champions Team and serve on the Board of Advisors for California Triathlon Network. I would like to continue to serve on the USAT-SW Council and ask for your vote.

CHRISTY JAMES Danville, CA

Southwest Region



As a current appointed incumbent council member, I am seeking to continue my presence on the council. I am a resident of the San Francisco Bay Area and an avid age group long course triathlete. My focus on the council is to continue to support the voice of the age group athletes, regional qualifier races and race clubs. If elected, I look forward to deepening ties with the clubs and their members in the coming term.

As an internet technology professional responsible for Walmart's employee and social site, I continue to use my business acumen in order to streamline our operations and tailor our programs to better connect with our athletes. I hold a Graphic Communication BS, MBA and Project Management Professional (PMP) certification. To see more, go to http://tinyurl.com/cjames-usat

You train hard every day and the USAT license fees need to continue to work for you. Whether it is your first triathlon or Worlds, I wish to support you in your endeavors. The triathlon community is an amazing group of people that deserve celebration and support in their achievements. I'm proud to be a part of the Southwest region and would appreciate your vote to continue to represent USAT.

CHARLES JOHANSON

Long Beach, CA

Southwest Region



- ☐ USAT Certified Coach and Youth & Junior Coach
- □ USAT Certified Race Director
- ☐ Co-Founder Long Beach Triathlon Club
- □ Director of Education for Los Angeles, Long Beach & Newport Beach Triathlons
- ☐ USAT National Task Force for Social Media
- □ Southwest Regional Council, Treasurer & Chair Communications & Marketing

As you may have noticed, I am running for the National Board of Directors and I hope you will vote for me, as I would like to take my service to USAT to the next level. Of course, we all know there is nothing guaranteed on 'race day,' so I am also running for the Southwest Regional Council to help ensure that I can continue giving back to the sport that has given me so much.

Like many age-groupers, I first came to triathlons as a way to challenge myself. What I found was so much more -- I discovered an amazing community, ranging from world class competitors to weekend warriors, who all love the triathlon lifestyle as much as the sport itself.

I want to continue helping that community to thrive. I ask for your vote. Thank you.

CHRIS MORRISSEY

Signal Hill, CA

Southwest Region



I am excited to serve on the Southwest Regional Council of USA Triathlon. Since my first triathlon I have been an enthusiastic member of USAT and now want to give back to the sport that has given me so much.

As a business owner, CrossFit Coach, CrossFit Endurance, Triathlon Coach, co-owner of CrossFit 5150 and co-founder of Long Beach Triathlon Club I bring a full spectrum of experience and enthusiasm to any position and enjoy volunteering, educating, coaching and bringing new people into the sport of triathlon.

As a CrossFit competitor I just place third at the CrossFit NLI Games and as a Triathlete I have completed and enjoy all distances of Triathlon from Ironman to Sprint. I support several races through education and coaching.

I co-produced one of the first ever USAT Splash and Dash races for kids as well as co-own Tri-Carson a reverse triathlon in Carson, CA. As a business owner I understand the needs of working to build consensus and look forward to supporting our region as a member of the regional council. I respectfully ask for your support by voting for me. Thanks and be awesome!

SHARON OSGOOD

Carmel Valley, CA

Southwest Region



My bio:

- □ Regional Athlete Development Coordinator for SW Region 2005-present
- ☐ USAT National Camp Director
- □ USAT Level 2 Coach
- □ USAT Youth and Junior Coach
- □ USAT Race Director
- □ USAT Southwest Region Elected Council Member since 2008
- Development Coach of the Year by the United States Olympic Committee and USA Triathlon in 2008

As a current member of the Southwest Regional Council, I work closely with an extremely committed and active council. We have recently created a Women's Commission to address concerns and issues related to our female membership (athletes, coaches and race directors). I am currently the co-chair for this commission. If re-elected, I plan to continue to encourage and assist in membership growth and council outreach within our region. As a member of the regional council, I plan to continue my work developing and implementing new opportunities for youth, collegiate, junior, challenged, elite and age group athletes. By providing exciting, fun events and opportunities for our membership, our region will grow and prosper!

PATTY PEOPLES-RESH

Redlands, CA

Southwest Region



This is my 30 year anniversary of being introduced to the world of triathlons. The multisport world has been a wonderful journey for myself, family, and friends. I am running for a position on the USAT SW Region Council so I can give back to the sport that has given so much to me. I was a "gym rat" before I was a multisport athlete, so I know what it's like to start from scratch. This, along with being a 20 year Adjunct College Fitness Professor, recently certified USAT Level 1 Coach and ISSA Fitness Nutrition Specialist/Trainer, I believe my combination of experience and education will enable me to encourage our region's members to set and achieve their personal multisport goals! Over the past 30 years, I have had the honor of standing on the top podium more than 125 times, including being the East Coast Triathlon Champion (1983), 2-time AG Sprint Duathlon World Champion (2011/13) and the 2012 USAT Sprint Duathlon National Champion. If elected, I hope to share my knowledge and experiences to educate and motivate my fellow USAT SW Region Multisport Members of the quality of life benefits of a multisport lifestyle! Thank you!

MUHAMMAD RAFI

Lakewood, CA

Southwest Region



Over the past five years I have gained an affinity for the sport of triathlon. Originally, I was introduced to the sport from a running background. The challenge of the multi-sport triathlon races appealed to me instantly. In the past five years I have been active in my triathlon club LB Triathlon as head of volunteers. This includes organizing and participating as a volunteer for training events. I also have participated as a volunteer for children's races. I have participated as a volunteer for the Torch Run for the Miller Children's Hospital through my local running group AREC for the last three years. I am also involved in the sport of Crossfit and actively volunteer as a judge for local competitions. As an age group triathlete, I have participated in every distance triathlon from Sprint triathlons to most recently Full Ironman distance at Vineman. I have full knowledge of what it takes to compete and finish races. I also know that the most important thing is to enjoy the experience of the training and the payoff of crossing the finish. I appreciate your vote and look forward to serving.