



USA TRIATHLON 2013 GENERAL ELECTION

Welcome to USA Triathlon's 2013 election coverage. Please use the following information to learn about the candidates nominated in your region for the National Board of Directors. We hope this will assist you with your voting decision.

CANDIDATES FOR THE SOUTHEAST REGIONAL COUNCIL

Please vote for up to three (3) of the following candidates:

REGION	CANDIDATE
Southeast <i>(includes Alabama, the Florida Panhandle west of the Apalachicola River, Georgia, Mississippi, South Carolina and Tennessee)</i>	Lesley Brainard (Incumbent)
	Frank Pittman (Incumbent)
	Bethany Rutledge

LESLEY BRAINARD

Collierville, TN

Southeast Region



I have been a part of the SE region council for the past year and a half. In that time I have come to know the duties as a council member and believe that I have made a positive impact on some of the issues. I have written an article for the USAT publication, worked with the SE Region Club Series and came up with some ideas to speed up the results process, which has made it less tedious on the club representatives themselves. I am also focused on the youth initiative and am currently working on getting a youth tri series going in the Memphis area for next year. I look forward to getting more involved in USAT as I believe in the mission of getting more people, of all ages, abilities and backgrounds, involved in the sport of triathlon.

FRANK PITTMAN

Atlanta, GA

Southeast Region



To increase participation in USAT multi-sport activities through a variety of efforts, with particular emphasis on Youth and Junior participation.

I am involved in initiatives to expand “Splash and Dash” in the Southeast Region. Efforts include outreach to race directors and clubs, community park boards, and other groups. Results have included a Youth-only first-time triathlon (Kids 4 Kids – 2011) with 380 participants, and several Atlanta area aquathlon events. Other efforts are directed towards establishing major Youth events on mid-size cities within the Southeast, grass-roots efforts within lower-income communities.

BETHANY RUTLEDGE

Smyrna, GA

Southeast Region



Bethany is one of the owners of Atlanta Triathlon Club and Energy Lab, a boutique cycling and coaching studio in Atlanta, GA. Her education includes a B.A. from Samford University and an M.A. in Health Education from University of Alabama.

Bethany has been a USAT certified coach since 2010 and an ACE certified personal trainer since 2002. Personally, she has completed dozens of running and multisport races and won a few 5ks, sprint tris as well as a half iron distance triathlon. Also, she has completed seven Ironmans and qualified for Kona twice. She has been an All American Honorable Mention for two years and is currently on track for USAT All American 2013.

Bethany first served as a running coach for ATC and now serves as Coaching Director for 2012 and 2013. She is also involved in developing ATC's paratriathlon initiative and new 2014 youth program. For Energy Lab, Bethany's duties include writing and designing all programming for power-based classes, managing instructors, and administering and interpreting power and heart rate tests. She also coaches several triathlon clients one on one.